

**1,000
READY TO
TEACH
RESOURCES**

Transform your school community in just 5 minutes a day with The Happy Confident Schools Program.

With little to no training required, you can be up and running almost immediately. Designed to blend seamlessly into even the busiest of curricula the program is delivered with a fresh, mixed media approach:

- Press & Play Videos
- Worksheets & Activities
- Online courses

PLUS: Families benefit too with **FREE** access to our Families Hub gaining access to articles, family activities and a selection of experts.



LATEST SURVEY RESULTS

- I feel safer at school **92%**
- I feel happier at school **90%**
- I know how to help myself feel better when I have difficult feelings **86%**
- When my friends have difficult feelings, I know ways I can help them. **84%**

FAST RESULTS IN LESS THAN 2 MONTHS

Schools using the program are surveyed after the first 8 weeks and the results have been unilaterally impressive.

All pupils benefit as the Program gives all students a voice. This helps identify, and subsequently address underlying concerns among even seemingly contented pupils. Overall, Schools using this Program benefit from a happier and more inclusive community.

POSITIVE IMPACT ON CHILDREN

- ✓ Fewer externalising behaviours
- ✓ Decreased emotional distress
- ✓ Improved prosocial behaviours

Following an SEL Program leads to a **13% increase in achievement.**

For every **\$1** invested, schools are seeing a **return of \$11** through reduced costs.

POSITIVE IMPACT ON TEACHERS

- ✓ Less burnout & improved staff retention
- ✓ Build and maintain stronger relationships with students
- ✓ Demonstrate higher levels of patience, empathy and healthy communication

ACCESS OUR FREE DEMO >>>

CLINICIAN APPROVED

TEACHER ENDORSED

LOVED BY CHILDREN



Award-winning schools program equipping students aged 3-14 with the social-emotional & character skills needed to thrive.

The Happy Confident Schools Program has been developed by educators, experts, clinicians and with the involvement of children of all ages.

Each element of the program takes students on a neuroscience-based journey to enhance their self-development. All lessons are ready-to-go and require little to no teacher training.



This collaboration has been nothing short of transformative, fostering an holistic approach to student wellbeing that has profoundly impacted our school communities.

Through joint efforts, we have witnessed a remarkable enhancement in students' understanding of their own mental health, this has promoted a nurturing environment conducive to learning and growth. The approach taken by The Happy Confident Company, providing students with self-reflection and discovery alongside a language to express their feelings, has seamlessly complemented our educational initiatives, providing tailored interventions, workshops, and whole school programs that have empowered our students to navigate challenges with resilience and confidence.

DAVID WILLIAMS, EXECUTIVE DIRECTOR OF INCLUSION, PARK ACADEMIES TRUST

Contact us: schools@happyconfident.com

