

REFLECTIVE SUPERVISION GROUPS FOR SCHOOL COUNSELLORS

As schools in the UAE return to in-person learning, many counsellors are supporting students navigating stress, transition, and emotional challenges.

These free virtual supervision groups provide a reflective and supportive space for school counsellors to discuss cases, share strategies, and strengthen their clinical work with students.

Who is this for?

This is space to allow people to simply pause and express what they are carrying. This session offers a calm and moderated space to reflect, process, and be heard.

Primary School Counsellors

Working with students aged 5–11

Register [here](#)

Middle School Counsellors

Working with students aged 11–14

Register [here](#)

Secondary School Counsellors

Working with students aged 14–18

Register [here](#)



**Facilitated by
Mahira Zakiuddin
Registered Social Worker &
Psychotherapist ***

Groups rotate weekly so counsellors can participate with peers working with similar age groups.

Dates

April 22 – Primary Counsellors

April 29 – Middle School Counsellors

May 6 – Secondary Counsellors

May 13 – Primary Counsellors

May 20 – Middle School Counsellors

June 3 - Secondary School Counsellors

Time: Wednesday 4pm

Virtual: session via Zoom

- Reflective supervision and case consultation
- Peer discussion and shared learning
- Developmentally focused conversations by school division
- Participants are asked to maintain student confidentiality and avoid sharing identifiable information.

Limited spaces to allow for meaningful discussion.